

810 S. CEDAR AVENUE
OWATONNA, MN 55060
(507) 451-1588

Week at a Glance

Monday, February 22

- 7:30 am Daily Mass
- 8:30 am Revelations Bible Study
- 6:30 pm Revelations Bible Study
- 7:00 pm GOSPA Prayer

Tuesday, February 23

- 7:30 am Daily Mass

Wednesday, February 24

- 6:00 am **Men's Bible Study**
- 7:30 am Mass
- 8:10 am SMS Mass
- 9:00 am Bible Study

Thursday, February 25

- 7:30 am Daily Mass
- Adoration of the Blessed Sacrament*
8:00 am until midnight
- 5:00 pm Hispanic Bible Study
- 6:00 pm Hispanic Holy Hour
- 6:30 pm Natural Family Planning
- 6:30 pm RCIA
- 7:00 pm Hispanic Reconciliation

Friday, February 26

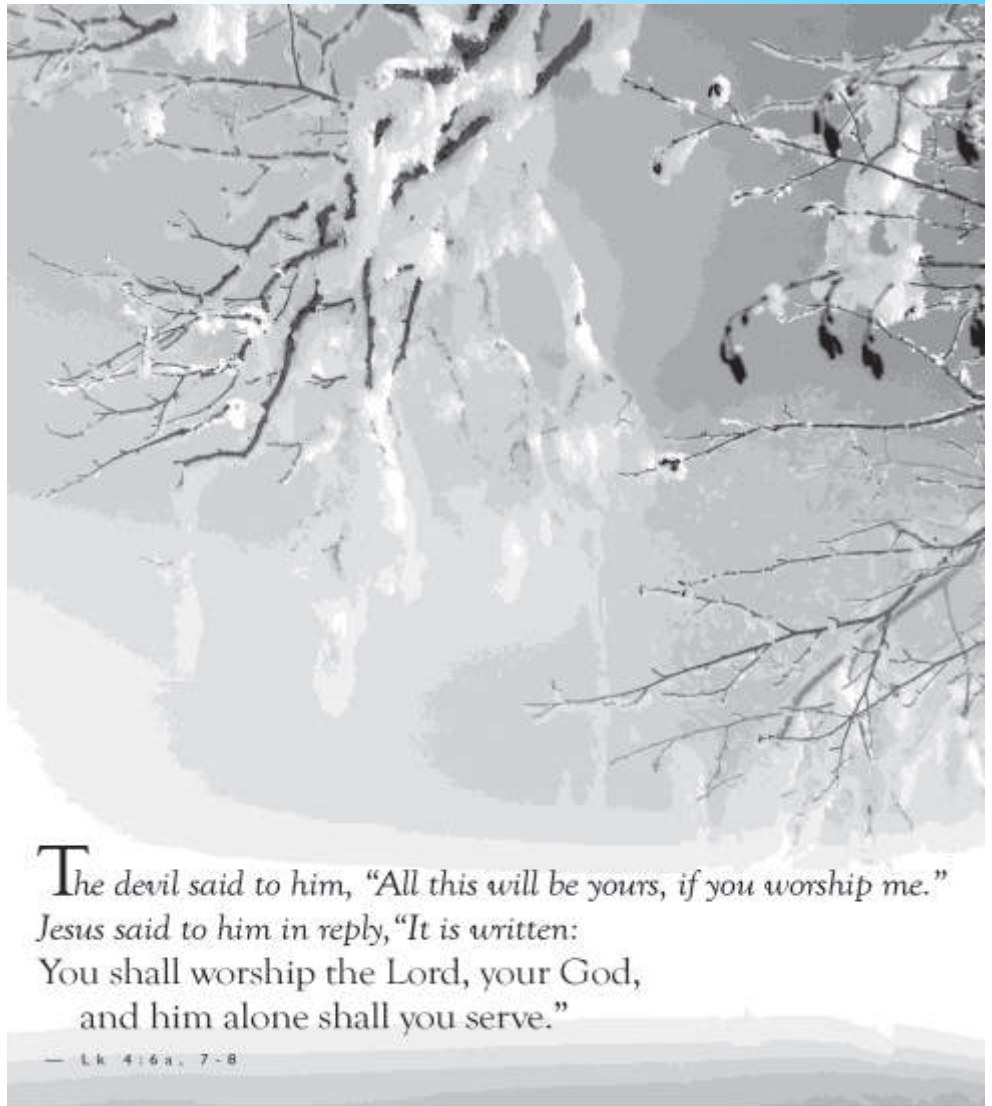
- 7:30 am Daily Mass
- 8:00 am MITI
- 12:00 pm Cenacles of Life Prayer
- 3:15 pm Jr. Legion of Mary

Saturday, February 27

- 4:00 pm Reconciliation
- 6:00 pm Lenten Soup Supper
- 7:00 pm Book Study

What's Inside

Pastors Message.....	page 2
Sacred Heart News & Notes	page 3
Gifts of Treasure	page 4
Advertiser of the Week	page 4
Assisi Heights Events	page 4
Ministry News	page 5
Religious Education / CYO	page 6
St. Mary's School	page 6
Mass Schedule.....	page 7
Liturgical Roles	page 7
Scripture Readings.....	page 7



The devil said to him, "All this will be yours, if you worship me."
Jesus said to him in reply, "It is written:
You shall worship the Lord, your God,
and him alone shall you serve."

— Lk 4:6a, 7-8

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.
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1st Sunday of Lent

So what's your temptation? Chocolate ice cream? Gossip? Alcohol? Petty thievery? Pornography? Or just plain ignoring God?

Gratefully, none of us has to stand up in front of the whole assembly and confess the specifics of our sins (just to be clear, chocolate ice cream isn't one!). We simply admit to our sinfulness before we enter into the celebration of the Eucharist, leaving the specific confession of sin to the privacy of the sacrament of penance when we speak individually with a priest.

Sunday's Gospel directs our attention that Jesus truly was a human person just like all of us. He was subjected to temptation, just like we are. In our desire to conform our lives to be more like Christ, we seek to avoid temptation, just like he did.

For those of us who are already baptized, this Lenten season is one of renewal. We are praying more, fasting, and helping others so as to recover our baptismal innocence. These forty days are meant to get us ready for the renewal of our baptismal promises at Easter. In those promises we rejected Satan, his works, and his empty promises. We rejected sin so as to live in the freedom of God. These forty days will test our fortitude, but we don't go into them alone. We are surrounded by an entire community of faith, all of us working together to become even better Christians. Sometime during this season, we'll each confess our sins with a priest. But as we begin Lent, it might not hurt to tell one other person what you're striving for during this season. Ask them to pray for you, and to help you by being ready to ask how your Lent is going on a weekly basis from now until Easter.



A WORD FROM THE PASTOR



Last weekend we conducted the solicitation for the 2010 Annual Diocesan Appeal. Materials are available and you are invited to make your commitment. This is our opportunity to participate in the ministry of Bishop Quinn. As a successor to the Apostles, he leads all of us in our response to the last instruction of Jesus, to teach the Gospel to everyone we meet. The Annual Diocesan Appeal gives you and me a share in his ministry. I personally invite each of you to respond generously. Our goal is \$54,240 which is ambitious. Last year we made tremendous progress although we fell a little short of our goal. This year, I am convinced we can make it. In addition, we have designated the repair of our narthex roof as a parish project which will give us the potential to see all money raised over our goal to return to the parish.

This is the first Sunday of Lent. I know that many of you take on special spiritual works during the Lenten season. The disciplines of prayer, fasting and charity are traditional ways we observe Lent. This year you are invited to join in a common focus for each week of the year. Cards will be available each week with a theme, a reflection and questions for the week. I encourage you to make this one part of your Lenten practice.

Prayer is central to Lent. Why not plan to attend Mass at least one additional time each week? You can also pray the rosary or some other form of personal devotion. Stations of the Cross, Bible study, Prayer Groups allow us to spend some time to the Lord in gratitude for all we have received.

Fasting leads us to think about giving something up. Spending a Lent without candy, TV, soda, gambling, desserts can help us know that we are not slaves to our immediate appetites and can live more fully for the Lord. Another suggestion is to try to work on some of those sinful areas of our life that are part of our daily living. What if we worked to give up lying, cheating (on taxes, at work or at school), gossiping, harsh words, abusive language, using God's name in vain? I find that the graces of the Lenten season really help me to focus my efforts in these areas. The Church has special regulations for our fasting and abstaining from meat.

Abstinence from meat is to be observed by all Catholics 14 years and older on Ash Wednesday and on all Fridays of Lent.

Fasting is to be observed on Ash Wednesday and Good Friday by all Catholics who are 18 years of age but not yet 59. Those who are bound by this may take only one full meal. Two smaller meals are permitted if necessary to maintain strength according to one's needs, but eating solid food between meals is not permitted.

Opportunities to reach out in love and charity to others are boundless. It need not be about money. How about a call to a lonely person or offering to do some small task for someone who is homebound? What if we would try to do one act of kindness each and every day during Lent?

If we look for opportunities for monetary charity consider the Rice Bowl project, a gift to our sister parish in Tanzania. How about a pledge or contribution to the Annual Diocesan Appeal? Local charities would appreciate your help as well.

I encourage you to be conscious of these Lenten disciplines. Sometimes it helps to write it out or think it through and to be intentional about what we will do. The efforts on our part will be received by the Lord and we will be even more conscious of God's special love for us. Have a blessed Lent.

PARISH DIRECTORY

Sacred Heart Office

Hours..... Monday-Friday 8:00 am-4:30 pm
Phone..... (507) 451-1588
Fax..... (507) 446-9979
Website..... www.sacredheartowatonna.org

Parish Staff

Pastor
Rev. John Sauer.....451-1588
Parochial Vicar
Rev. Gregory Parrott.....451-1588
Pastoral Associate
Sr. Sarah Hennessey, FSPA.....451-1588
Hispanic Ministry
Rev. Ricardo Crespo-Guzman.....451-1588
Parish Administrator
Paula Trenda.....451-1588
Financial Secretary
Shari Carlson.....451-1588
Custodial / Maintenance
Leo Vieths.....455-1242
Adult Faith Formation
Contact church office.....451-1588

Parish Nurse / Caring Ministry

Mary Trenda, R.N.....451-6832
Kathy Schleif.....451-2132

Sunday School Coordinator Pre-S/K

Jenny Savoie.....451-4407

RE & Youth Ministry

Dan Bauer.....446-2302
Website..... www.owatonnacyo.com

St. Mary's School

Mary Hawkins.....446-2300
Website..... www.stmarys-owatonna.org

St. Mary's Pre-School

Jane Thomez.....446-2300

Bulletin Deadline

Monday 4:30 pm.

Mass Schedule

Weekend
Saturday 5:00 pm; Sunday 7:30, 9:00 and 10:30 am, Spanish Liturgy 1:00 pm

Weekday and Holy Day
For Mass time, see schedule in the bulletin.

Eucharistic Adoration

Thursdays 8:00 am to midnight.

Cable TV Sunday Mass—Channel #8

Mon. 11:00 am; Wed. 8:00 pm; Thurs. 2:00 pm

Sacraments

Reconciliation

Saturday 4:00-4:45 pm or anytime by appointment.

Baptisms

Pre-Jordan class is offered every other month and required before Baptism, please contact the church office.

Marriage

Please make arrangements six months in advance with Fr. John. Marriage Preparation Course is required.

New Parishioners

We welcome all new parishioners to Sacred Heart and ask them to register at the church office at their earliest convenience.

Sacred Heart on Facebook

Yes, the 21st century is here, with the innovations of technology and social networking and all. Because of Pope Benedict XVI's suggestions in his message for World Communication Day 2010, just this week Sacred Heart went on Facebook. Our Facebook page will be a way we efficiently keep in touch with you about upcoming events, reflections, pictures, happenings in the life of our Sacred Heart family, and more! If you have ideas for us and our presence on the web, let us know. You can find our Facebook page by following the link on our main website.

Bookmark it, or become a fan if you are already on Facebook!

Sincerely in Christ,

Fr. Gregory Parrott



Did you know???

Sacred Heart has a weekly email message that goes out mid-week with special reflections, prayers, upcoming events, and parish news? To get your own copy, sign-up at www.sacredheartowatonna.org.

Get Well Cards

The Sacred Heart Council of Catholic Women send get well cards to parishioners who are hospitalized locally or elsewhere. Please call Kathy Meier at 451-6784 when you know of someone who would enjoy receiving a card from the parish.

Baptisms

Josiah Miguel Aviles
Son of Miguel & Hillary

*We pray God's blessings on Josiah
and his family.*



Prayer Groups

The Prayer Network will help pray for your special intentions and needs. Please call Phil 455-1992, Vel 451-6392 or Helen 451-4220.

Gospa Prayer meets 1st and 3rd Monday of each month at 7 pm.

"Cenacles of Life" meets each Friday 12:00-1:00 pm. First rosary 12:00 pm and second rosary 12:25 pm.

Our Lady Queen of Peace prayer group meets each Saturday 7:30 am at St. Joseph Church. If you have an intention to pray for, call 451-6275.

Legion of Mary

The Legion of Mary meet Thursdays at 3:45 pm in the Vine room at Sacred Heart. Junior Legionaries meet Fridays at 3:15 pm In the Vine room at Sacred Heart.

*First Week of Lent
Jesus' Temptation*



In Luke's story of the temptations of Jesus we see how we can be tempted by wealth, power, and esteem just as He was. Lent calls us to focus on our faith life by living it in deeper ways. As we begin our journey with Catholic Relief Services' Operation Rice Bowl, let us pray and sacrifice so that through our faith life we can make a difference in the lives of our brothers and sisters in need.



Pledging Lent Together

On Ash Wednesday we began our communal preparation for the Holy Triduum through the season of Lent. This year we are challenging ourselves to participate in Lent as a parish retreat by pledging together. Each week we focus on a different theme drawn from the Sunday Scripture.

This week we stand with Jesus during the temptations in the desert as we confront our desire. As we enter Lent, we set aside distractions, harmful habits, and the excess in our life in order to confront what God desires most of us and how we can make more room for Him in our lives.

Take a Lenten pledge card and keep it as a reminder during the week. Reflect on the question and try to find at least one simple way to put the commitment into practice.

*Peace in Christ,
Sr. Sarah Hennessey*



International Women's Day:

An Evening for Women Monday, March 8, 2010 -5:30-8:00 pm. Assisi Heights Spirituality Center, Assisi Heights, 1001 14th Street NW, Rochester, MN. Women will gather to celebrate their day and look back on a tradition that represents at least nine decades of struggle for equality, justice, peace and development. \$15 includes a light dinner and presentation. Register by Mar 1. *To Register: Contact Carol Marie Hemish, SSND, Coordinator of AHSC, at 507-280-2195 or carolmarie.hemish@myclearwave.net.*

Walking with Jesus - A Discerning Heart

2010 Lenten Retreat for Single Women, Saturday, March 20 at 9:00 AM thru Sunday, March 21 at 1:00 PM. Assisi Heights, 1001 14th Street NW, Rochester, MN. This program is designed for single, Catholic women, ages 20-45 who desire additional education as they continue to discern their future. Franciscan Sisters Tierney Trueman and Ann Redig will use the Gospels to share Jesus' on-going discernment throughout life. We will identify elements of discernment used as he guided his disciples. More recent friends of Jesus will also serve as witnesses and models of growing in fully living the unique life to which God has called each of them. All this will continue to steer each of us into our own unique path in life. *Please bring your Bible and a journal for your personal reflections. Pre-registration is required by March 15, 2010. \$35 Fee includes program, meals and housing. To Register: Contact S. Ann Redig at 507-282-7441 or 888-277-4741 or email ann.redig@myclearwave.net for a registration brochure.*

Advertiser of the Week

Smith, Tollefson & Rahrick
Attorneys-at-Law

108 West Park Square
Owatonna, MN
507-451-6540



Please be sure to visit all of our advertisers. They make the publication of the bulletin cost free to Sacred Heart!

Stewardship Reflection

First Sunday of Lent (from Deuteronomy)

"Therefore, I have now brought you the first fruits of the products of the soil which you, O Lord, have given me."

Offering to God the very best of what God has provided for us is at the heart of stewardship. Do we offer the best of ourselves, or do we offer what is left over? Probably we've all done both, at one time or another. However, if we strive to offer our best, we will undoubtedly actually do this more times than not.

Your Gifts of Treasure February 13 & 14



Adult Giving needed each week.....	\$15,035.00
Adult Giving last week.....	\$11,879.00
Adult Giving needed fiscal year-to-date	\$496,155.00
Adult Giving year-to-date.....	\$460,016.00
Plate Collection - \$716.51	Youth Collection - \$27.63

Social Justice Committee

3rd SUNDAY, 2nd COLLECTIONS – Four times a year, the Social Justice Committee sponsors a 2nd collection on the 3rd Sunday of the month at Sacred Heart. We are accepting requests from organizations that would like to be considered for one of these collections for 2010-2011 (beginning Sept. 2010). If your organization is non-profit and in need of funds to sustain your program, please submit a written request, including mission statement & intended use of these funds to: Social Justice 2nd Collection, c/o Sacred Heart Church, by March 22nd. Questions??



Contact Tami Seykora-Blum, 451-7178.

Annual Diocesan Appeal

Last weekend, we conducted the solicitation for the 2010 Annual Diocesan Appeal. You may complete the commitment form and mail it directly to the Diocese or you may place your envelope in the collection basket and we will forward it for you. The Annual Diocesan Appeal is important to the Diocese of Winona. Through the Appeal, we have the opportunity to make sure that the diocese has the funds to form men for priesthood and the diaconate, to form men and women for service to the church as lay ministers, to offer faith formation activities for Catholics in high school and in college, to minister to the thousands of Hispanic Catholics who now make their home in the Diocese of Winona and to provide assistance to parishes. Please be generous in your support of the Annual Diocesan Appeal.

Operation Minnesota Nice

Operation Minnesota Nice would like to thank those who donated this month. It was very helpful and we appreciated the variety of items we received. Our next packing will be on Sunday, March 14th.

Ministry to the Homebound

We like to keep connected to all our parishioners, especially during these difficult winter months and are happy to provide a ministry to the homebound. If you are aware of someone who cannot get to church, please contact Fran Janous at 451-6608 or the parish office at 451-1588.

EVENTS

Call to Be Catholic

"Who was St. John Vianney, and why is he revered as the patron saint of parish priests worldwide?" "What are Pope Benedict's expectations for the 'Year for Priests?'" These and other questions will be addressed by [Fr. Michael Keating](#), in a talk entitled "[St. John Vianney and the Year for Priests](#)," to be given at Sacred Heart Church on Sun., [Feb. 21 at 3:00 pm](#). Fr. Keating, a professor in the Catholic Studies program at the Univ. of St. Thomas, specializes in Church history.



Interested in Family Planning?

99% effective family planning that is safe, healthy, moral and marriage building, that's NFP. A series of 3 monthly classes in the sympto-thermal method of NFP will begin on Feb. 25 at Sacred Heart Catholic Church in Owatonna. To register go to ccli.org. For more information contact Ron or Kay Keller at 507-334-6215.

Lenten Fish Fry Dinner

The Knights of Columbus are sponsoring a Lenten Fish Fry Dinner on Friday, February 26th from 5:00 - 7:00 p.m. at the KC Hall which will benefit Healthy Seniors of Steele County. Tickets are \$8.00 in advance/\$8.50 at the door (kids under 6 are free). Please call Healthy Seniors at 774-7648 if you would like to purchase advance tickets. Healthy Seniors is a "neighbor to neighbor" program which reaches out to seniors in our community through volunteer services.

Carmelites of St. Joseph

The Carmelites of St. Joseph at Annunciation Hermitage will be hosting a Lenten Day of Recollection on Friday, March 5 from 9:00am—1:30 pm. Mass and lunch are included. A free will offering is appreciated. To register call 507-437-4015.

*Carmelites of St. Joseph
Annunciation Hermitage
1009 Oakland Ave E.
Austin MN, 55912*

Parish Nurse Ministry

Heart Warmers

Litany of Compassion for the Sick: We pray with special love and concern for all those who are ill or infirm, asking the Lord for His consoling grace to strengthen the sick in times of trial.

After each intercession, please respond: Lord, be close.

- When pain or distress is overwhelming...
- When the healing process goes slower than hoped...
- When terrified by treatments or therapy...
- When it's hard to let go of long-held plans...
- When the feeling of alienation arises...
- When worn out and weary...
- When troubled by impatience and negativity...
- When loneliness adds to anxiety...
- When sickness makes it difficult to communicate...
- When discouragement or despondency sets in...
- When fear makes it impossible to face the future...
- When the ravages of disease attack self-esteem...
- When anger and resentment assail...
- When it's hard to rely on others for care...
- When envy arises toward those who are healthy...
- When pessimism or cynicism holds sway...
- When anguish is intensified by the need for reconciliation...
- When loved ones are far away...
- When sickness causes financial hardship that leads to worry or despair...
- When weakness makes it impossible even to think...
- When there's resistance to necessary change...
- When nobody seems to understand...
- When bound to home or when restricted in movement...
- When listlessness and apathy threaten...
- When medication seems to make things worse...
- When all that's needed is a caring touch...
- When it's impossible to maintain familiar routines...
- When it's hard to find the strength to go on...
- When it becomes difficult to pray...
- When suffering of any sort becomes hard to bear...
- When death draws near...

Most merciful Father, your beloved Son showed special compassion to lepers, tenderness to those long sick, and healing to the infirm laid before Him. We place before you all those who are ill and in need of healing grace. May the love and mercy of the Divine Physician raise up all who suffer from sickness and restore them to health and peace. We ask this in the name of Jesus. Amen.

Composed by Father Peter John Cameron, O.P

St. Mary's School

The Tri County Basketball tournament starts February 22nd and St. Mary's will host the 3rd place and Championship games on Saturday, February 27th.

Congratulations to the boys' and girls' teams for a great season.



Registration for the 2010-2011 school year has begun. Interested families can contact the school at 446-2300.

SAVE THE DATE

Join us for the 24th Annual
Night of Knights Auction
Saturday, April 17, 2010



Doors open at 4 pm, and we have an exciting new theme this year—Hawaiian!!

Car and Cash Raffle are \$50 each and will be drawn that night at 10 pm.

They can be purchased at the scrip table.

- 1st Prize: 2010 Ford Fusion or \$15,000 in cash
- 2nd Prize: \$1000 in cash
- 3rd Prize: \$500 in cash

Thank you and we look forward to a wonderful time!
2010 Auction Committee



Religious Education / CYO

Weds, Feb 24

Grade 10 will meet from 6:30-8:00 pm at Sacred Heart Church.

ACTS for junior high students will meet at 6:30 pm in the **St. Mary's gym.**

Retreat Team will meet at 8:15 pm in Room 207.

Butter Braid orders are due on Feb 24. Please be sure to total all the columns and include your phone number on the form. Orders will be distributed from 4:30—6:30 pm on Wed March 10 in the Sacred Heart Kitchen.

CYO will be selling coffee after all masses this weekend. Proceeds will go towards the Mission trip to Cairo, IL in August.

Weds, March 3

Mini-Sessions for grades 9-12 will be held from 6:30-8:00 pm in the Sacred Heart Parish Center and at St.

Mary's school. Information on the sessions will be mailed to students.

FOCUS

Fellowship of Catholic University Students

On Tuesday, March 16th, Dana Petricka (FOCUS missionary) will be hosting a reception at 7:00 pm in Joseph Hall at St. Joseph Parish in Owatonna. The reception will display her work with FOCUS, The Fellowship of Catholic University Students. FOCUS is a non-profit organization helping university students grow deeper in their Catholic faith through large group outreach events, Bible studies, and one-on-one mentoring. Dana and her family are parishioners of St. Joseph Parish in Owatonna, and Dana is currently working at Eastern Illinois University in Charleston, IL. Come and see the difference FOCUS has made in the lives of young Catholic college students, who are the future of the Church.

Refreshments will be served, and everyone is welcome!

1st SUNDAY OF LENT



This Week's Liturgy

Monday, February 22 • *Chair of St. Peter*
7:30 am **Susan Manley †**

Tuesday, February 23 • *Lenten Weekday*
7:30 am **Richard & Loretta Haberman †**

Wednesday, February 24 • *Lenten Weekday*
7:30 am **Duane Halla †**
8:10 am SMS Mass

Thursday, February 25 • *Lenten Weekday*
7:30 am **Frank & Alice Pfeifer †**
Adoration of the Blessed Sacrament 8 am until midnight

Friday, February 26 • *Lenten Weekday*
7:30 am **Lawrence Diekmann †**

Saturday, February 27 • *Lenten Weekday*
5:00 pm **Roxy Dube †**

Sunday, February 28 • *Second Sunday of Lent*
7:30 am Parishioners
9:00 am **Dorothy Kubicek †**
10:30 am **Delores Bauer †**
1:00 pm Spanish Mass



Saturday, February 27 & Sunday, February 28

Sacristans
5:00 pm Tom Soukup & Tina Heim
7:30 am Michael Engen
9:00 am Curt & Margaret Supalla
10:30 am JoAnn Eichten

Altar Servers
5:00 pm Lauren Hoen, Parker Hoen, Hannah Olson
7:30 am Ashley Kniefel, Michael Pfeifer, Thomas Pfeifer
9:00 am Lauren Glynn, Stephen Leon, Daniel Nolte
10:30 am Caroline Nelson, Jacob Nelson, Joe Nelson

Reader 1
5:00 pm Mary Herzog 9:00 am Mike Oldenburg
7:30 am Marie Lawrence 10:30 am Mark Randall

Reader 2
5:00 pm Jacob Fox 9:00 am Ted Leon
7:30 am Sandy Kucera 10:30 am Michelle Redman

Gift Bearers
Anyone may register to be Gift Bearers for a mass. Please check the Gift Bearer Registry found in the Narthex on week-ends for available masses.

Extraordinary Ministers of Holy Communion
5:00 pm Dale Springer, Carli Tellijohn, Cindy Warren,
Dan Bauer, Clyde Christofferson
7:30 am Debbie Peterson, Jeff Pumper, Frank Schiller,
Dean & Jody Schrom
9:00 am Tom & Jane Kubista, Lynn Lattery, Anna Louks,
Mary McCartney, Eunice Meixner, Mark Meyer
10:30 am Tony Nowak, Lee Staupe, Joe & Sharon Stiles,
Lisa Kern, Chris Candullo, Dan Deml

Rosary Leaders
5:00 pm Pete Schneider 9:00 am Sue Gerdtz
7:30 am Albert Liverseed 10:30 am Tom Schmitt

Greeters
5:00 pm Jeanne Buecksler & Diane LaVallie
7:30 am Fran Janous & Barb Wesely
9:00 am Del & Joyce Hartle
10:30 am Wayne & Janet Starman

Nursery Workers
9:00 am Theresa Dettman
10:30 am Kristi Robillard

SCRIP
Doris Domeier

Church Dusters
For the week of February 21:
Sandra Standke & Julie Valento

Masses at St. Joseph Church

Weekday: Mon, Tues & Fri 8:00 am & 12:10 pm; Weds 12:10 pm;
Thurs & Sat 8:00am

Weekend: Saturday 4:00 pm; Sunday 8:00, 9:30 & 11:00 am

Mass at Holy Trinity, Litomysl

Weekday: Friday at 9:00 am St. Isidore School Mass

Weekend: Sunday at 9:30 am.

Readings for the Week of February 21

Monday: 1 Pt 5:1-4/Mt 16:13-19
Tuesday: Is 55:10-11/Mt 6:7-15
Wednesday: Jon 3:1-10/Lk 11:29-32
Thursday: Est C:12, 14-16, 23-25/Mt 7:7-12
Friday: Ez 18:21-28/Mt 5:20-26
Saturday: Dt 26:16-19/Mt 5:43-48
Next Sunday: Gn 15:5-12, 17-18/Phil 3:17---4:1
or 3:20---4:1/Lk 9:28b-36

Lecturas para la semana del 21 de febrero de 2010

Lunes: 1 Pe 5, 1-4/Mt 16, 13-19
Martes: Is 55, 10-11/Mt 6, 7-15
Miércoles: Jon 3, 1-10/Lc 11, 29-32
Jueves: Est 4, 17n. p-r. aa-bb. gg-hh/Mt 7, 7-12
Viernes: Ez 18, 21-28/Mt 5, 20-26
Sábado: Dt 26, 16-19/Mt 5, 43-48
Domingo siguiente: Gn 15, 5-12. 17-18/Flp 3, 17---4, 1 o 3,
20---4, 1/Lc 9, 28-36

